

# carolyn mccambridge

800 Mystic Court • Oswego, IL • 60543

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## CANDIDATE FOR THE TAU BETA SIGMA BOARD OF TRUSTEES

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March 18, 2017

Tau Beta Sigma  
PO Box 849  
Stillwater, OK 74076

Dear Sisters of Tau Beta Sigma,

Four years ago, I was elected to the Board of Trustees and found myself alongside leaders I have long looked up to. We went into the new biennium ready to work and the result is an organization with a strong financial foothold and a clear plan for the future. I would be honored to continue this work and thus express my candidacy for the Board of Trustees for the 2017-2021 term.

Over the last four years, the Board continued to solidify our financial security through innovative development campaigns. Our financial strength allowed us to increase the per-award dollar value of each of our scholarships. We worked to cultivate lifelong donors to our organization by taking a much more personal approach and by showing our genuine appreciation to our donors. We have worked with the National Council and Alumni Association to educate our young alumni on ways to stay involved. We have forged an even stronger relationship with our brothers and financially contributed to the growth of the Stan Fink Fund which supports the National Intercollegiate Band.

As the current biennium comes to a close, ground work for the next has already been laid. These plans include continuing the personal approach towards giving, implementing Planned Giving as a contribution avenue, exploring sponsorship of the Wava Garden, growth of the Stan Fink Fund, continued exploration of innovative development avenues, and continued planning for our 75<sup>th</sup> Anniversary celebration.

The health and wellness of all in Tau Beta Sigma continues to be a personal interest and passion. This has manifested itself via health and wellness workshops at district conventions and events but also through collaboration with other brothers and sisters. The intent is the creation of health and wellness resources to be available for all to utilize when needed.

It truly has been rewarding to continue my service to Tau Beta Sigma over the last four years through the Board of Trustees. I thank you for your consideration and hope to be afforded the opportunity to serve for another four years.

Sincerely,

Carolyn McCambridge

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**OBJECTIVE** Election to the Tau Beta Sigma Board of Trustees for the 2017-2021 term

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**EDUCATION** **Master of Science**  
Oklahoma State University, Stillwater, Oklahoma  
Graduated May 2006  
Area of Study: Leisure Services Management and Recreation Therapy  
Certified Therapeutic Recreation Specialist

**Bachelor of Arts**  
Bowling Green State University, Bowling Green, Ohio  
Graduated May 2001  
Area of Study: Popular Culture

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**SKILLS**

<b>Adaptability</b>	<b>Decision Making</b>	<b>Collaboration</b>	<b>Organization</b>
<b>Creativity</b>	<b>Problem Solving</b>	<b>Resourceful</b>	<b>Interpersonal Skills</b>
<b>Written and Verbal Communication</b>	<b>Initiative</b>	<b>Building Relationship</b>	

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**EXPERIENCE** **Zumba Instructor** **Park District** **2013 to Present**  
Instruct Zumba, Zumba Gold and Zumba Toning classes for the Naperville and Downers Grove Park Districts. Responsible for ensuring the safety and well being of all participants and adhering to all park district policies and procedures.

**Recreation Therapist** **Adventist Hinsdale Hospital** **2009-2012**  
Created and implemented recreation therapy program for a 26 bed inpatient physical rehabilitation unit. Evaluated, planned and implemented patient care programs through utilization of selected therapeutic recreation procedures. Evaluated and proposed yearly budget as well as created resource library for patients and families, facilitated a stroke support group, created a peer visitation network, and introduced animal assisted therapy as a therapy modality.

**Recreation Therapist** **Good Samaritan Hospital** **2010-2012**  
Facilitated recreation, resource, and exercise groups for adult and geriatric inpatient behavioral health, outpatient behavioral health, and chronic pain populations.

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## TAU BETA SIGMA EXPERIENCE

INITIATION: November 18, 1997

Alpha Xi Chapter, Bowling Green State University

## Board of Trustees , July 2013 to July 2017

- Capital Development Committee Co-Chairperson 2015-2017
  - Generated over \$25,000 in income
  - Conceive, promote, and implement Giving Tuesday as a donation platform
  - Facilitate capital development committee discussions on ways to generate income and cultivate donors for Tau Beta Sigma
  - Promote Life Membership and 1946 Club
  - Initiate and foster relationships with current and potential donors
  - Assist in planning and overseeing the 2017 Legacy Reception
  - Serve as the Tau Beta Sigma representative on the Kappa Kappa Psi Campaign Cabinet
- Secretary 2015-2017
  - Record minutes at each meeting, send minutes for approval, and distribute/post approved minutes
- Communications Committee Chairperson 2013-2015
  - Submission of Podium articles
  - Facilitate committee discussions
  - Compilation and production of the 2013-2015 Biennial Report
- Facilitation of workshops at district events with a focus on health and wellness

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## OTHER SORORITY POSITIONS HELD

North Central District Counselor  
National Headquarters Membership Services Coordinator  
Tau Beta Sigma Chapter Field Representative

District VP of Membership  
Chapter VP of Membership  
Chapter Recording Secretary

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## HONORS BESTOWED

Life Membership in Tau Beta Sigma  
TBΣ Alumni Association Gold Star Member  
TBΣ Distinguished Service Award (2013, National)  
Counselor's Servant Leadership Award (2012, NCD)

## HONORARY MEMBERSHIPS

National Chapter (TBΣ, KKΨ)  
North Central District (TBΣ, KKΨ)  
Southwest District (TBΣ, KKΨ)  
Alpha Chapter (TBΣ)  
Alpha Chi Chapter (TBΣ)

## RELATED VOLUNTEER EXPERIENCE

### **Girls on the Run Site Coordinator and Coach, Southbury Elementary School**

- Girls on the Run (GOTR) is a national program that inspires girls to be happy, healthy, and confident via a running integrated curriculum
- Submission of application and successful selection as a Spring 2017 GOTR Site
- Recruit coaches and girls in 3rd through 5th grade for the team
- Complete and attend online and in person coach trainings
- Work with the coaching team to prepare and implement GOTR curriculum which includes lessons, warm ups, and workouts
- Ensure the safety and well being of our team of 18 young ladies
- Provide constant communication with the parents and guardians of the team
- Manage budgeted funds available to the team
- Coordinate logistics and oversee team trip to the Girls on the Run 5k

### **Manna Coordinator, Good Shepherd Lutheran Preschool**

- Oversee various aspects of the MANNA Program, a gift card fundraising program for the Preschool
- Create and maintain order form
- Monthly ordering of gift cards
- Brainstorm and Implement avenues to increase MANNA potential via preschool and church members
- Attendance at meetings hosted by MANNA throughout the year
- Communication with preschool and church staff for ordering processing



Caryn Schatz  
1310 Shepherd Drive  
Naperville, IL 60565  
630-961-9055

15<sup>th</sup> of March, 2017  
Tau Beta Sigma  
PO Box 849  
Stillwater, OK 74076

Dear Members of Tau Beta Sigma,

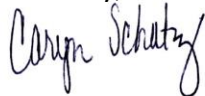
It is with true pleasure for me to write this letter of recommendation for Carolyn McCambridge for reelection to the Tau Beta Sigma Board of Trustees for the 2017-2021 term. Carolyn has shown her interest in collaborating with others in both her professional career and her personal life.

I have known Carolyn through her involvement as a parent volunteer at both of her children's schools. She was instrumental in launching a program at the elementary school called Girls on the Run. Not only did she submit the application for the school to be selected as a site for the 2017 run, she also recruited the coaching staff, as well as extended an invitation that brought together a team of girls. She clearly demonstrated her skills of initiative and building healthy relationships.

Over the last several years, Carolyn has solely overseen the Manna program at our school. This is a gift card program to raise funds for the school. Each month, Carolyn consolidates all of the paper orders and places an electronic order. This requires much attention to detail, as there are many orders each month. She is extremely efficient, organized and clearly communicates to various teams through this process, as this order must pass through the Office Manager, the Director of Finance, the Preschool Administration, and the Board all within a 24 hour period.

Carolyn has my highest endorsement. I am confident that you will find her to be a great fit for your needs as a Board Member to Tau Beta Sigma Board of Trustees. I have always known her to have great leadership skills and she works very effectively alongside others. Please feel free to contact me should you have any further questions.

Sincerely,



Caryn Schatz  
Director of Preschool



Letter of Recommendation for Carolyn McCambridge

3/7/17

To whom it may concern,

Carolyn is an employee of the Downers Grove Park District and instructs a Zumba Toning class. She has been employed here for 4 years and has been a dependable instructor. She has a super positive personality and is a wonderful team player. Her instinct in how to read people and get the best out of them will prove as an asset to your board.

Thanks.

*Linda*

Linda Ruff  
Group Fitness Coordinator  
**Downers Grove Park District**  
Tel: 630-960-2340  
Fax: 630-690-7251  
Email: [lindaruff@dgparks.org](mailto:lindaruff@dgparks.org)  
[www.dgparks.org](http://www.dgparks.org)



**OUR VALUES:** Safety - Ambition - Responsibility - Integrity - Professionalism

**OUR MISSION:** Enriching our community through natural area preservation and exceptional recreation, parks, and facilities that inspire memorable experiences.



Sisters of Tau Beta Sigma:

In the spring of 2001 I attended the North Central District convention at the University of Michigan and met Carolyn Steckel. She immediately commanded presence when she walked into the room. Her spirit was larger than life and her passion for Tau Beta Sigma was inspiring. Today, I am happy to call Carolyn McCambridge my sister, friend, and trusted partner in supporting our organizations and college bands. I am honored to write this letter of support as she seeks to be re-elected to the Tau Beta Sigma Board of Trustees for 2017-2021.

As undergraduates, Carolyn and I had big dreams about our service with Tau Beta Sigma and Kappa Kappa Psi. The first step was to be hired as National Chapter Field Representatives. While it wasn't the most direct path, we found ourselves sharing a wall in Stillwater Oklahoma in the summer of 2003. During our times traveling the country, I saw a sister who served as a role model and mentor to the members of Tau Beta Sigma. Carolyn went on to serve our joint organizations as Membership Services Coordinator at our National Headquarters. In that role, Carolyn increased our efficiency as an organization in membership processing. After moving back to the North Central District, Carolyn served the NCD as counselor. She was a guiding voice and champion for both Tau Beta Sigma and Kappa Kappa Psi during those years. The NCD saw dramatic changes in programming that led to a better experience for sisters and brothers.

Carolyn has been serving Tau Beta Sigma for the past 4 years on the Board of Trustees. She works diligently to advance the sorority and college bands. Her most visible work can be seen in fundraising and development. She is the face and work force behind the Giving Tuesday program and other events. Her dedication led Kappa Kappa Psi to ask her to be a part of our fundraising efforts. She serves on team of people dedicated to the joint work of fundraising for the National Intercollegiate Band. She provides a vital voice to our discussions as a member of Tau Beta Sigma and adds to our shared success.

For over 16 years I have trusted and valued my relationship with Carolyn McCambridge. This is a sister who taught me the Tau Beta Sigma hymn, allowed me the honor of participating in her wedding and flew across the country to attend mine, changed the financial picture of our organizations for the better, and works tirelessly to support college bands. She embodies our principles and values and is comfortable making tough decisions to advance our sorority. She has my full and unwavering support in all that she does for Tau Beta Sigma and college bands.

Adam D. Cantley

Tau Beta Sigma Life Member  
Kappa Kappa Psi Life Member and Past National President  
Kappa Kappa Psi Board of Trustees Vice Chair

Asc. Dean of Students, University of Delaware